Directions:

From Nashville take I-40 East to Cookeville (82 miles). Turn right onto 111 South (exit 288). Park entrance is on the left on Highway 284 (40 miles from I-40 to the park).

From Atlanta, take I-75 North to Chattanooga, take I-24 toward Nashville, take Hwy 27 North toward Dayton and follow Highway 111 North to the park entrance on the right.

From Knoxville, take I-40 West to Crossville, Peavine Road, exit 322. Take a left off the exit, onto Hwy 101 South. At the 4-way stop, go straight on Hwy 392, through the first trafic light (at 127). Continue straight to the 2nd traffic light (Lantana Road, Hwy 101). Take a left turn onto Hwy 101 South, and travel approx. 30 minutes to a dead-end. Turn left (still on Hwy 101 South) and go approx. 4 miles to Hwy 30. Turn right on Hwy 30 West. Park entrance is approx. 5 miles on the left (at Hwy 284).